

## MISSION

The Federation link member Clubs throughout Newfoundland and Labrador and disseminates information pertinent to quality of life for the older persons in the province. Our mandate includes promoting health lifestyles; reaching out to older isolated adults; providing education to prevent social isolation and abuse; and fostering partnerships with other organizations in the community, advocating the rights of pensioners; and acts in a coordinating, advisory role with all membership clubs in the province.

## OUR PURPOSE

The Newfoundland and Labrador 50 + Federation is a Provincial organization dedicated to:

- Stimulating public interest in the welfare of older persons.
- Helping the 50 + maintain a life of dignity and independence.
- Educating, counselling, and advising government on what older adults think about issues.
- Issues like healthcare, pensions, housing and social programs.

During the year, we consider other specific issues as they arise, such as transportation, utilities, food, medicines, crime prevention, etc., to empower your voice in community capacity building.

Newfoundland and Labrador  
50 + Federation Inc.

## BOARD DIRECTORS

### Geographic Regions of the Province

#### Director Area 1

*Avalon North*

#### Director Area 2

*Avalon South*

#### Director Area 3

*Burin Peninsula*

#### Director Area 4

*Terra Nova*

*Clarenville - Bonavista*

#### Director Area 5

*Gander*

*Fogo Inland*

#### Director Area 6

*Grand Falls Windsor*

*Connaigre Peninsula*

#### Director Area 7

*Northern Peninsula*

#### Director Area 8 N

*Pasadena - Stephenville*

#### Director Area 8 S

*Port aux Basques - Ramea*

#### Director Area 9

*Labrador*

### Executive Committee

President

1<sup>st</sup> Vice President

2<sup>nd</sup> Vice President

Secretary

Treasurer

Past President (period of one year)



**NEWFOUNDLAND AND LABRADOR  
50 + FEDERATION INC.**

P. O. Box 407 • Glovertown, NL A0G 2L0

# 50 + Federation

*Open to all men and women 50  
years and over who wish to enjoy  
the benefits and advantages  
available through membership.*

SeniorsNL Web Site – Federation Web Pages

<http://seniorsnl.ca/nl-50plus-federation/>

## **ORGANIZATION**

The Newfoundland and Labrador 50 + Federation Inc. is a democratic, non-sectarian and non-racial organization that was established in October 1975 and incorporated in 1978. Currently, there are 134 Clubs with a combined total of 6800 members.

The Federation has established a growing communication network to link its 134 clubs. Using a system of geographic regions, each region has an elected Area Director of the governing board. This Director functions as the link between local clubs and the governing board. An Area Director must be a member of a community-based club that holds membership in the Federation.

Members are organized into 134 clubs each holding membership in the Federation. Each group is autonomous and operates independently of each other. Clubs have been established in many communities in the province. This large number of groups has enabled persons 50 + to become actively involved in issues of interest to them. Local groups provide support and fellowship for their members as well as for many other seniors within their area. 50 + clubs are designed to keep older adults active and participating in their own communities.

*Anyone wishing to join should contact a local club in their area, or an Area Director or Executive Committee member listed on the insert in this brochure.*

## **BENEFITS OF THE 50 + FEDERATION**

Being affiliated with the Federation shows that you are a recognized part of a provincial body, which helps your club when applying for a provincial or federal grant.

All members of a club may attend the Annual Convention of Newfoundland and Labrador 50 + Federation.

Each club has two voting delegates at the Annual Convention.

Resolutions and concerns may be debated at the Annual Conventions and sent to Government or Agencies to be rectified if necessary.

The club has the right to obtain a license to hold lotteries, under the umbrella of the Federation.

Federation Quarterly Newsletters are mailed to the clubs covering information for seniors and club activities.

The Area Directors are all available to advise and clubs on any information required. Clubs are entitled to receive the GST/ HST rebates.

Your Club can take advantage of Federation's Charitable status under the Federation umbrella.

The Federation gives members of any club the opportunity to take an active part in provincial activities of the Federation or to run for elected office.

Many of our Board Members are knowledgeable in applying for provincial or federal grants and are available to help any club.

## **OBJECTIVES**

The Newfoundland and Labrador 50 + Federation Inc. is an organization devoted entirely to the welfare and best interests of the province's older person.

1. To promote and establish clubs throughout the province.
2. To provide education for persons in the 50 + group and other individuals interested in aging and the status and well-being of seniors.
3. To reach out to seniors who are lonely, isolated, or at risk.
4. To provide programs which promote healthy and active lifestyles for seniors.
5. To assist in developing the knowledge that seniors should learn during their aging process, through promotion of educational experiences.
6. To research the aging process, and any problems and benefits pertaining to the aged that might be of interest to the Federation, and to use the knowledge gained from that research to educate seniors and any other party or parties who are or might become interested in these concerns.
7. To provide opportunities for seniors to utilize their volunteer and leadership skills for the benefit of all persons.
8. To consult with other private organizations which offer similar services in order to gather any educational information that will add to knowledge and be of use to seniors and the public.