

## **SeniorsNL is now accepting applications from interested individuals from across Newfoundland and Labrador for its Board of Directors.**

SeniorsNL is a provincial, non-profit organization, dedicated to promoting supporting, and enhancing the independence and wellbeing of older adults in the province. The Board of Directors for is comprised volunteers, dedicated and passionate about the work of SeniorsNL. You can view our latest Annual Report here: [SeniorsNL Annual Reports.](#)

SeniorsNL is committed to inclusion, diversity, equity, and accessibility. These values are important to guide the work the organization does to address issues impacting older adults, to provide information to make informed decisions, and to influence policies affecting the independence and wellbeing of older adults.

The Board of Directors is now accepting applications. [SeniorsNL BOD Application](#)  
**The application deadline is July 31, 2026.**

**Please review the Board Duties and Responsibilities below to ensure the role is a good fit for you and that you are able to commit the time, expertise, knowledge, and interest required. The link to the application form is provided below.**

### **BOARD MEMBER RESPONSIBILITIES**

- Attend Board meetings (in person or via teleconference/virtual).
- Come prepared for meetings by reading the Board package that is sent in advance.
- Participate as a member of a Board sub-committee and/or Chair a sub-committee as the need arises.
- Recruit additional volunteers, if needed.
- Represent SeniorsNL at special events as requested by the Board of Directors.
- Participate in identifying resources as needed.
- Be informed of the services/programs/initiatives provided by SeniorsNL and publicly support them.
- Prepare for and participate in the discussions and the deliberations of the Board of Directors.
- Be aware of and abstain from any conflict of interest.
- Promote SeniorsNL through community networking, etc.
- Be accountable, as a member of the Board of Directors, to the sponsors and donors for money received and expended for its intended purpose ( project/program).
- Monitor and evaluate the effectiveness of SeniorsNL through a regular review of programs and services.
- Seek nominations for election to the Board of Directors when appropriate.
- Foster a positive working relationship with other Board members, the SeniorsNL staff, other volunteers and all sponsors.

### **QUALIFICATIONS**

- Genuine interest in and enthusiasm for the issues.
- Desire to make a difference.

- Time to devote to the organization. [e.g. attend Board/Committee meetings]
- Utilize their skills, knowledge, and experience to contribute to and enhance the work of SeniorsNL, including in areas such as accounting, strategic planning, governance, community development, and communications.

### **TRAINING & PREPARATION**

Attend initial orientation with Executive Director to familiarize oneself with the history of the organization and its current focus.

Attend training sessions as needed to ensure up-to-date knowledge of current trends and issues.

### **TIME AND PLACE**

Board members meet at least six (6) regular meetings per year, on average one and one-half (1 ½) hours per meeting, plus an Annual General Meeting and Planning Day. These dates are usually pre-set the first meeting after the Annual General Meeting. Meetings can take place in person, virtually or by teleconference. For the Annual General Meeting and Planning Day, Board members not located in or close to St. John's will be expected to attend and all costs will be covered. Meeting reminders and Board information packages are typically sent a week in advance to prepare for the meeting.

Emergency meetings may be called in accordance with the SeniorsNL By-law.

### **LENGTH OF COMMITMENT**

Three (3) year terms, as outlined in the SeniorsNL By-law, for a maximum of three terms (9 years).

At any time, a board member can resign before their term is completed.

### **APPLICATION PROCESS**

[SeniorsNL BOD Application](#)

- Application deadline: **July 31, 2026.**
- If available, please include a current resume with your application.
- You will receive a confirmation email once your application has been submitted.
- Your application will be forwarded to the Board of Directors' Nominating Committee for review. The Committee will review all applications and may contact selected applicants for an interview.