



**NL 50 + FEDERATION INC. P. O. BOX 407, GLOVERTOWN, NL A0G 2L0**

# **NL 50 + FEDERATION NEWSLETTER**

**July 2022**

## **45<sup>TH</sup> ANNUAL CONVENTION**

The preparations are continuing for the NL 50 + Federation 45<sup>th</sup> Annual Convention in Marystown on September 13<sup>th</sup> to 16<sup>th</sup>, 2022. It is hard to believe that our annual conventions have been cancelled for the past two years because of COVID 19.

### **Convention Schedule**

**The Convention will be held at the Marystown Hotel, NL**

Sept. 13 <sup>th</sup>	Tuesday	Registration - Entertainment at night
Sept. 14 <sup>th</sup>	Wednesday	Meetings all day - Entertainment at night.
Sept. 15 <sup>th</sup>	Thursday	Meetings all day - Banquet at night.
Sept. 16 <sup>th</sup>	Friday	Morning Meeting only

***Our Newsletters can also be viewed on the SeniorsNL web site:***

**<http://seniorsnl.ca/nl-50plus-federation/>**

## **FEDERATION TICKETS**

Federation Tickets are presently being mailed to the Clubs. The prize structure will remain the same as last year: **1<sup>st</sup> Prize \$ 2,500.00 - 2nd Prize \$ 1,000.00 - 3rd Prize \$ 500.00** Plus **\$1,000.00** to the club selling the 1<sup>st</sup> Prize ticket and **\$100.00** to the person selling the 1<sup>st</sup> Prize Ticket. Remember your club will receive 40% of the proceeds from all tickets sold, by their club. If your club requires extra tickets you may call our Treasurer, Kevin Throne at 709 592- 2169.

## **DONATIONS**

As usual your club is asked to donate crafts, knitted goods, preserves etc. for the **CRAFT TABLE**.

## **ENTERTAINMENT - 2022 CONVENTION**

It is our hope, to present, again this year, a variety of Songs, Skits, & Poems etc. by as many Clubs as possible. To be successful, we want you to strongly consider being a part of the entertainment. It is now time to 'GET YOUR ACT TOGETHER'.... Please let us know before the end of August, the type of entertainment you wish to provide and the time required. For more information you are ask to call George MacDonald at 709- 436-0202.

## **CONVENTION BOOKLET**

As you are probably aware, the cost of running a convention has escalated in recent years. During the last several years the Federation has embarked upon a project to obtain sponsors for our Convention Booklet from your Club, organizations and businesses, throughout the province. They were asked to consider supporting our convention, by becoming a sponsor. Donations were acknowledged in our Convention Booklet. This project was extremely successful in previous years and we would like for you to contact businesses in your area, to obtain at least one sponsor, from your community, for our Convention Booklet. Cheques should be made payable to NL 50 + Federation Inc. and mailed to Robert J. Rogers, P. O. Box 407, Glovertown, NL A0G 2L0.

## **PRE-REGISTRATION**

We remind our clubs to complete the pre-registration form for the 45<sup>th</sup> Annual Convention being held in Marystown in September 2022. A copy of the form is attached for your convenience.

## **NOMINATIONS AND ELECTION OF OFFICERS**

The Election of Officers for the NL 50 + Federation shall take place at the Annual Convention in September 2022. To be eligible for any office, a member must be nominated by a voting delegate. Each Club, in good standing, may send two voting delegates to the convention. The Board of Directors of the Federation are also voting delegates.

**The election this year will be held to fill all positions on the Board for a two year term.**

## **RESOLUTIONS**

Resolutions should be received by August 20, 2018 so that they can be reviewed by the Resolutions Committee. Resolutions should be sent to Federation Secretary, Malcolm Rogers, P. O. Box 16, Trinity, Bonavista Bay, NL A0G 4L0.

## **CLUB PRESENTATION**

Voting Delegates will be given the opportunity to speak, at the convention, on any unique activities or projects of their club. It is requested that you inform President, Robert Rogers at (709) 533-6189 by August 27, 2022 if it's your intention to make a presentation.

## **2022 MEMBER CLUB REPORT**

Over 122 of our Clubs have registered for 2022. If your Club has not received or misplaced the registration form for 2022, please call your President Robert Rogers at 709 533-6189 and one will be mailed to you.

# **WELCOME**

**We were very pleased to welcome the following  
new Clubs as members of the NL 50 + Federation**

Clarendville & Area Age-Friendly 50 + Club Inc.  
19 Cormack Place  
George's Brook-Milton, NL A5A 0J1

Sunshine 50 + Club  
P. O. Box 740  
St. Anthony, NL A0K 4S0

Hampton Junction Seniors Club Inc.  
P. O. Box 7, Scab Cove Road  
Hampton Junction, NL A0K 2Y0

Hampton 50 + Club  
P. O. Box 163  
9 Forest Road  
Hampden, NF A0K 2Y0

Westport 50 + Club  
29 Purbeck's Cove Road  
Westport, NL A0K 5R0

## **Applications Being Accepted for Age-Friendly Communities Grants**

### **Children, Seniors and Social Development**

June 9, 2022

Today, the Honourable John G. Abbott, Minister of Children, Seniors and Social Development, was joined by the Honourable Krista Lynn Howell, Minister of Municipal and Provincial Affairs, to announce a call for applications for the 2022-23 Age-Friendly Newfoundland and Labrador Communities Program.

This program is well recognized throughout Canada and internationally as an effective mechanism for proactive planning for demographic change. The Age-Friendly Newfoundland and Labrador Communities Program assists incorporated municipalities, local service districts, and Indigenous governments and organizations, in making their communities more age-friendly.

Funding of up to \$10,000 is available for incorporated municipalities and Indigenous governments and organizations to conduct an age-friendly assessment or to implement aspects of an existing Age-Friendly Action Plan. Communities including local service districts that take a regional approach are eligible for up to \$15,000.

To obtain a copy of the program guidelines and application form, please visit the department's website at or call toll-free 1-888-494-2266. **The deadline to submit an application is October 14, 2022.**

In 2021-22, the following nine communities received funding through the Age-Friendly Newfoundland and Labrador Communities Program. Details can be found in the backgrounder below.

For more information on last year's recipients, please see the backgrounder below.

As part of Budget 2022, the Provincial Government is investing \$95,000 for the program.

#### **Quotes**

"Throughout the province, the country and around the world, benefits of age-friendly communities continue to be seen and encouraged. As a government, we support this philosophy that regardless of age, ability, income, or other status, people live and thrive best in their own homes and communities. Clarenville and the Random Age-Friendly Communities Board have been leaders and innovators in this area. Most recently, they have launched an Age-Friendly Business Recognition Initiative, which I am confident will be a model for other communities and businesses. Let us all work together to create more age-friendly communities that support the seniors of today and tomorrow."

Honourable John G. Abbott  
Minister of Children, Seniors and Social Development

“Engaging with the business community is a sound approach to bring positive change to businesses and enhance experiences for older adults. I commend the Random Age-Friendly Communities organization in providing this opportunity to the business owners of Clarenville to develop ways to acknowledge seniors and ensure their operations are age-friendly. An age-friendly community promotes good health, wellness and safety and instills stronger community connections.”

Honourable Krista Lynn Howell  
Minister of Municipal and Provincial Affairs

“An age-friendly business will recognize the value and changing needs of its customers and employees across all ages. The age-friendly model can help attract and retain customers, as well as older workers in the 21st century.”

Leo Bonnell, Vice Chair  
Random Age-Friendly Communities Board

## **BACKGROUNDER**

### **2021-2022 Grants under the Newfoundland and Labrador Age-Friendly Communities Program**

<b>Applicant</b>	<b>Project Description</b>	<b>Grant</b>
Town of Humber Arm South	Age-Friendly Needs Assessment and Action Plan Development	\$10,000
Town of Hermitage – Sandyville	Age-Friendly Coast of Bays	\$15,000
Town of Lawn	Town of Lawn – Age Friendly Needs Assessment	\$7,160
Town of Clarenville/Random Age-Friendly Communities Board	Age-Friendly Business Inclusive Spaces Make Happy Faces! – Making changes in our Park	\$10,000
Town of Fogo Island		\$10,000
Placentia Area Chamber of Commerce/ Town of Placentia	Age Friendly Placentia – Bridging Generations Cape Chapeau Rouge Walking/Hiking Trail Completion	\$13,170
Town of St. Lawrence	Active for Life	\$10,000
Town of Summerford	Active Seniors	\$13,170
Town of Point Lance		6,500
<b>Total</b>		<b>\$95,000</b>

# **Applications Being Accepted for the Inclusion Grant**

## **Children, Seniors and Social Development**

June 13, 2022

Today, the Honourable John G. Abbott, Minister of Children, Seniors and Social Development and Minister Responsible for the Status of Persons with Disabilities, announced a call for applications for the 2022-23 Inclusion Grant Program. Funding up to \$25,000 is available to eligible community-based and non-profit organizations to help them create more accessible and inclusive facilities and events.

Initiatives under the Inclusion Grant Funding Program to date have included installation of ramps, automatic doors or visual alarms, as well as sign language interpretation or captioning. A complete list of organizations that received funding in 2021-22 is found in the backgrounder below.

To obtain a copy of the policy, application and more information on the Inclusion Grant Program, please visit the department's website, call toll-free 1-888-729-6279, or text 709-725-4463. Video Relay Service calls are welcome and information and applications are available in alternate formats.

## **The deadline for applications is September 9, 2022.**

As part of Budget 2022, the Provincial Government is investing \$75,000 for the Inclusion Grant Program for 2022-23.

### **Quotes**

"Our Government is committed to advancing accessibility and inclusion, which provides the foundation for healthy and thriving communities. The Inclusion Grant Program supports groups and organizations to ensure that programs, projects, events or meetings have accessibility features, so that everyone can fully participate and contribute to their communities. I encourage all organizations to start thinking about this important next step, and submit their applications as soon as possible, but certainly by the September 9th deadline."

Honourable John G. Abbott

Minister of Children, Seniors and Social Development and Minister Responsible for the Status of Persons with Disabilities

"CNIB has a goal to be accessible and inclusive to everyone. The funding from the Inclusion Grant enabled us to construct a ramp on our building that will not only support CNIB employees, clients, volunteers, and its stakeholders, but also the three other non-profits which reside in our building. The addition of the ramp to our building has truly created a completely accessible and inclusive space for everyone."

Amanda Halliday

Coordinator, Community Giving and Team Operations  
Canadian National Institute for the Blind (CNIB)

# BACKGROUND

## 2021-22 Grants under the Inclusion Grant Funding Program

Organization	Description	Amount
Coalition of Persons with Disabilities – NL	Sign language interpretation for meetings	\$2,990.00
CNIB NL	Accessibility renovations (entranceway and emergency exit)	\$8,824.33
St. John's Status of Women Council/Women's Centre	Sign language interpretation for public events	\$2,357.50
Topsail United Church	Alternate formats, assistive listening device purchase and audio support, captioning for events	\$3,776.96
Gander Elks Lodge #310	Accessibility renovations (ramp)	\$16,100.00
Food First NL	Alternate format and assistive listening device purchase for meetings	\$4,440.44
Grand Bank Lions Club	Accessibility renovations (entranceway, emergency exits)	\$7,685.86
Resettlers Museum	Accessibility renovations (ramp for community events)	\$3,306.25
Corduroy Brook Enhancement Association Inc.	Assistive listening device purchase	\$3,967.00
SeniorsNL	Sign language interpretation for meetings	\$5,000.00
Easter Seals NL	Switches, accessible AED, sign language interpretation classes	\$2,183.85
Manuels River	Accessibility device (hippocampe wheelchair with attachments)	\$11,005.48
Our Lady of Mercy Committee	Accessibility renovation project – entrances, handles/switches, ramp	\$25,000.00
Status of Women Central	Accessibility renovation project – entrance, ramp, washroom	\$23,300.00
Salvation Army Gambo Corps	Accessibility renovation project – entrances, handles/switches, signage, lighting, wayfinding, washrooms	\$11,400.00



## **ACTING DIRECTOR AREA 2**

### **AMY FARRELL**

### **BURIN PENINSULA**

Another enjoyable day on the road carrying out the duties of Acting Director on the Burin Peninsula!

On April 30<sup>th</sup> 2022, myself and Robert Rogers were invited to attend the AGM of the Placentia West 50+Club in Rushoon. This club is very active and has been very busy with Online Virtual Cooking Classes, darts, card games, just to mention a few, and they also have a Community garden which is working really well.

We enjoyed a beautiful hot turkey/roast beef supper with the trimmings and then we proceeded with the election of officers. A dance followed and a good time was had by all. Congratulations to the newly elected members and we wish you all a very productive and enjoyable year:

Helen Reid	President
Mary Power	Vice President
Angus Moores	Treasurer
Lillian Barry-King	Secretary

I would also like to say congratulations to Robert Rogers on the publication of his book The History 1975-2022 of the NL 50 + Federation Inc. and say thank you for your dedication in compiling this valuable information. We also presented Helen Reid, President of the Placentia West 50+club with a copy of the book.

We also visited Mayor Brian Keating and Alje Mitchell, CAO and presented Mayor Keating with a copy of the History 1975-2022 of the NL 50+Federation. We discussed the 45<sup>th</sup>.Annual Convention which will be held in Marystown from September 13<sup>th</sup> September 16<sup>th</sup>. 2022 and we are receiving wonderful support from the Town of Marystown.

All clubs in our area are slowly returning to their normal activities. Our Marystown Lions Golden Age 50+Club have begun their regular Saturday night dances and monthly meetings. All other activities are hoping to be back on schedule for September.

Due to an initiative between the Canadian Red Cross, The NL 50+Federation and the Department of Children, Seniors and Social Development, all clubs in Area 2 have received rapid tests and masks. A big thank you to all who were involved in this wonderful project.

I would like to say thank you to the Placentia West 50+Club for the invitation to attend your AGM. It was a very enjoyable evening with lots of good food, fun and laughter! Keep up the good work.

Thank you to Mayor Brain Keating and Alje Mitchell for taking time out of your busy schedule to meet with us. We appreciate your support and kindness to all seniors.

And finally, to all Clubs in Area 2, I wish you all the best as we try to get ourselves back to normal living and if you need any assistance, please contact me...you all have my telephone number and e-mail address!

Have a great summer!

*Amy Farrell*

2<sup>nd</sup>. Vice President  
A/Director Area 2

## **REQUESTING HELP**

There is a hospital in Africa (rural Zambia) - Laloma Mission Hospital - that is always in need of empty prescription bottles. A friend of mine has been collecting them for some time and I felt that we could all help. She has a way to get the bottles to the hospital. As many seniors are on a number of medications and eventually the bottles go in the garbage, I am asking that you save yours. The only stipulation is that you do your best to remove the labels which contains personal information.

For many of us it is not something we think about - the fact that there are no bottles to put the medications in but for them it is a real problem. Let's all help the best we can. I am asking two things - that each Club start a collection and that they either be given to your Director and/or brought to our September Convention, I will provide a box so you can drop them off in Marystown. As soon as I get a number of them, I will deliver them to my friend.

I think we can all work to make a difference here. Let's extend the hand of kindness to people who have so little.

Thanking you in advance for your cooperation.

*Linda Oldford*, 1st Vice President, A/Director, Area 4

# MUSGRAVE HR. 50+ FUN CLUB

## UPDATE

Hi everyone! Just an update about what has been going on in our neck of the woods! Since the 50+ club was formed in 2019 we have been very active in pursuing grants that could benefit the seniors, our group members and the Youth Centre facility. We have been successful in receiving multiple grants which allowed us to provide valuable services and infrastructure improvements. We would like to acknowledge Pauline Landry and the late Robert Millsom for all of their hard work and time committed to applying for the grants.

### 1) Grant from “ New Horizons for Seniors Program 2019/2020

This grant has provided funds that enabled us to make the following important upgrades to the Youth Centre facility.

- purchase and installation of two heating pumps that have greatly reduced the heating costs for the building
- purchasing of supplies to install two wheelchair accessible concrete ramps.

Thanks to 50+ members, Youth Centre Board Members and some community volunteers who provided labor to complete this project.

- purchase fill for the extension and upgrading of the parking lot.

Thanks to D&M Services for supplying and spreading the material.

The funds also enabled us to:

- purchase office furniture, a computer and printer for our room in the Youth Centre
- purchase a laptop computer that was donated to the Youth Centre
- obtain new foldable tables and chairs
- purchase shelving for 50 + and donate shelves to Youth Centre

### 2) Grant from “ The United Way for Seniors” 2020

Purchased

- chicken and vegetables for 40 Food Hampers that were distributed to Seniors and people in need within our community

**3) Grant from “ The United Way For Seniors” 2020**

Purchased

- supplies for 176 cold plates that were distributed to Seniors and people in need within our community. We would like to thank the Ocean View and Rocky Ridge Diner staff for preparing the food.

**4) Grant from “ Aging and Seniors”**

Purchased office and kitchen supplies to assist with the running of the 50+ Fun Club

**5) Grant from “ New Horizons for Seniors” 2022**

This grant has provided funds that enabled us to make the following important upgrades to the Youth Centre facility.

- purchase materials to install a concrete patio and privacy fencing on the side of the building

Special thanks to Denis, Max, Darryl, Newman and Fraser and all who helped in building the patio.

- purchase a barbeque and patio furniture
- purchase and install a small shed beside the building
- provide paint supplies to paint the main activity area in the building.

Special thanks to Max Peddle (50+ member) and Sue Faulkner (Youth Centre Board member) for their awesome paint job

- purchase a new chesterfield for use at the Centre
- purchase tables and chairs for the 50+ group
- purchase and donate a table to the Youth Centre

**We would also like to thank the Ocean View Restaurant, Rocky Ridge Diner, The General Store, Hair by the Bay Salon, D&M Services, Hillcrest Manor and Molson for all of your donations and support and those who helped in any way.**



# A DAY IN THE LIFE OF SAVING ENERGY AT HOME

RISE N'  
SHINE!



## OPEN THE CURTAINS

The sun will help heat your home. Close drapes at night to keep heat in.

## COOK WITH SMALL APPLIANCES

They use less energy than conventional ovens and stovetops.



DON'T  
YOU KNOW?

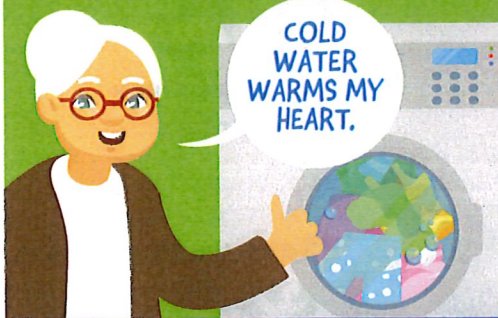
WASHING  
DISHES BY  
HAND WASTES  
ENERGY.



## USE A DISHWASHER

A full dishwasher uses less hot water than washing by hand.

COLD  
WATER  
WARMS MY  
HEART.



## WASH CLOTHES IN COLD WATER

Water heating accounts for up to 90% of the energy your washer uses.

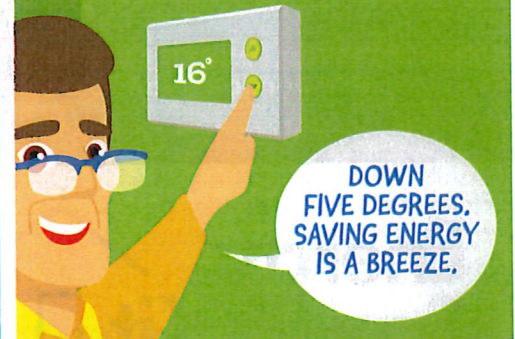
## GET OFFLINE!

Dare to unplug and enjoy energy-free activities like a bike-ride.



16°

DOWN  
FIVE DEGREES.  
SAVING ENERGY  
IS A BREEZE.



## SET BACK THE TEMPERATURE

Lowering it by just a few degrees can save you energy and money.



## SET UP SLEEP MODE

Set your computer to sleep after 5-15 minutes of inactivity and cut its energy consumption in half.



# Energy efficiency really pays off.



Accessible version available upon request.

\*Must meet eligibility. †During campaign periods. \*\*Savings may vary.

## Energy Savers Kit

Free\* for income-qualified customers



What is the Energy Savers Kit? It's a **FREE** box of products for income-qualified customers that can be used in your home to reduce electricity costs. **Save up to \$100\*\*** each year when you install these energy-efficient products.

Find out if you qualify by calling **1-888-0371-6551** or by visiting **TakeChargeNL.ca/EnergySaversKit**. Apply today!

**take**  
**CHARGE** ⚡

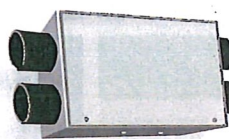
Whether you're about to tackle some renovations or build a new home, energy efficiency is always a great investment.



Save up to  
**\$2,000\***  
on basement  
& attic insulation



Get back  
**\$10\***  
on programmable  
& smart thermostats



Save  
**\$175\***  
on heat recovery  
ventilators



Save up to  
**\$30†**  
with Instant Rebates

Visit **TakeChargeNL.ca**  
for more rebates and tips!

**Financing available**  
on energy-efficient upgrades!

BROUGHT TO YOU BY



# **Premier Furey Announces Executive Appointment**

## **Executive Council**

**June 6, 2022**

The Honourable Andrew Furey today announced that Dr. Pat Parfrey has been appointed as Deputy Minister, Health Transformation, in the Office of the Executive Council.

Dr. Parfrey has a long and distinguished medical career in Newfoundland and Labrador as a clinical epidemiologist and most recently in playing a key role in the reimagining of health care in the province through his work as co-chair of Health Accord NL. A complete bio can be found in the backgrounder below.

This appointment is effective immediately.

### **Quote**

“The province is fortunate to have someone with Dr. Parfrey’s experience and track record to take on this important leadership role as we embark on transforming health care in Newfoundland and Labrador. We all have a role to play in improving health outcomes and ensuring the physical and mental wellbeing of residents are improved. I look forward to what is to come.”

Honourable Andrew Furey  
Premier of Newfoundland and Labrador

## **BACKGROUNDER**

### **Biography of Dr. Pat Parfrey**

Dr. Pat Parfrey was a John Lewis Patton Distinguished University Professor at Memorial University, and is a kidney specialist at Eastern Health. He is a clinical epidemiologist with an international reputation for patient-related research in kidney disease and in genetic disease. He was leader of Quality of Care NL, a Memorial University group doing evaluation and research on health quality and performance. Dr. Parfrey has recently worked to reimagine the province’s health care system as Co-Chair of the task force on health called Health Accord NL, with Sister Elizabeth Davis. He is an Officer of the Order of Canada and a Fellow of the Royal Society of Canada.

# **House of Assembly - Speaker Welcomes Recently Appointed Seniors' Advocate**

## **House of Assembly**

**June 15, 2022**

The Honourable Derek Bennett, Speaker of the House of Assembly, welcomes Susan Walsh to the position of Seniors' Advocate. The appointment, effective today, was confirmed by resolution of the House of Assembly on May 19, 2022 as per Section 4 of the Seniors' Advocate Act.

The Office of the Seniors' Advocate is an independent office of the House of Assembly with the authority to identify, review and analyze systemic issues related to seniors and make recommendations respecting changes to improve seniors' services. The Office can be reached at 1-833-729-6603 or [SeniorsAdvocate@SeniorsAdvocateNL.ca](mailto:SeniorsAdvocate@SeniorsAdvocateNL.ca).

### **Quote**

"I extend my congratulations to Susan Walsh on her appointment as the Seniors' Advocate of Newfoundland and Labrador and wish her success in this role. Her varied experience within the public service and with work respecting seniors' issues will no doubt be an asset to that office. I also extend my appreciation to the former advocate, Dr. Suzanne Brake, for her contributions during the time she served in that role, and wish her well in her retirement."

Honourable Derek Bennett, Speaker of the House of Assembly

### **Backgrounder**

#### **Susan Walsh, BSW, MSW, RSW**

Susan began her career with the Newfoundland and Labrador public service in 1991 as a social worker in mental health services at the Waterford Hospital working with seniors, people with disabilities and the community. She progressed through social worker, frontline management, policy analysis, program development, project management, director/senior management and executive positions. She held these progressive leadership roles within the former Department of Social Services, Eastern Regional Health Authority, Department of Health and Community Services, former Department of Child, Youth and Family Services, Cabinet Secretariat, Core Mandate Office of Executive Council, the Labour Relations Agency and Municipal Affairs.

Susan's most recent role, prior to her appointment as the Seniors' Advocate, was Deputy Minister of the Department of Children, Seniors and Social Development, a position she held since January 2019.

She is a registered social worker with the NL College of Social Workers. She holds a Master of Social Work degree, specializing in policy and administration, from the University of Toronto, and a Bachelor of Social Work degree from Memorial University.



# **Registration Now Available for Patient Connect NL in Remaining Regions of the Province**

## **Health and Community Services**

June 15, 2022

Residents outside of the Eastern Health region without a primary care provider (Family Doctor or Nurse Practitioner), can now register with Patient Connect NL. The information provided on Patient Connect NL will be used to plan and improve access to primary health care in Newfoundland and Labrador, with the goal of connecting individuals to a primary care provider as soon as one becomes available in their chosen area. More information on Patient Connect NL can be found [here](#).

Individuals may register online or by telephone at 1-833-913-4679. Once registration has been completed, an email with a reference code confirming registration will be sent to valid email addresses entered during the process. For individuals who may wish to register family members, the reference code provided upon the initial registration can be entered on additional registration forms, and every effort will be made to keep family members connected on Patient Connect NL.

Anyone needing assistance using Patient Connect NL or registering in general can call 1-833-913-4679, or refer to the Quick Reference Guide. Video Relay Service calls are also welcome.

In December 2021, Patient Connect NL was launched for residents in the Eastern Regional Health Authority. With the current expansion, residents within the Central, Western and Labrador-Grenfell health authorities can now have their information collected as well with the aim of being connected to a primary care provider in those regions.

The Provincial Government is continuing its efforts to help strengthen and reimagine the health care system, including steps to attract and retain health care professionals and improve access to primary health care. This includes:

- Two new pilot projects to attract more medical graduates to family practice;
- Expanded virtual care;
- Creation of additional seats for the Bachelor of Science in Nursing Studies and Licensed Practical Nursing programs;
- Five new seats at Memorial University's School of Medicine for students from the province; and
- An Office of Health Professional Recruitment and Retention, as well as an Assistant Deputy Minister position to lead this effort.

### **Quote**

"We know that a consistent, ongoing relationship with a primary care provider leads to a higher quality of care. However, we have to recognize we cannot continue to deliver these services the same way we have in the past. Rather, we need to embrace a team approach that may include a physician, nurse practitioner, physiotherapist, or a diabetes management specialist, for example, depending on your need at the time. The expansion of Patient Connect NL to other regions of the province will help us plan better and provide access to a provider as soon as one is available."

Honourable John Haggie

Minister of Health and Community Services

# **Premier Fury Announces Executive Appointment**

## **Executive Council**

**June 15, 2022**

The Honourable Andrew Furey, Premier of Newfoundland and Labrador, today announced that Alan Doody has been appointed as Deputy Minister of Children, Seniors and Social Development.

Mr. Doody replaces Susan Walsh, who was recently appointed as the Seniors' Advocate for Newfoundland and Labrador. The appointment is effective as of June 20, 2022.

Mr. Doody has been with the Provincial Government since 2003 and has held a number of progressively responsible roles since then. He most recently served as Associate Deputy Minister of the Department of Health and Community Services and interim Chief Executive Officer for the Newfoundland and Labrador Centre for Health Information.

A complete biography can be found in the backgrounder below.

### **Quote**

"Alan Doody has been involved with a number of significant projects during his time with the public service. His background, training and experience have been assets to the Provincial Government and I wish him well in his new role with Children, Seniors and Social Development."

Honourable Andrew Furey  
Premier of Newfoundland and Labrador

## **BACKGROUNDER**

### **Biography of Alan Doody**

Alan Doody started his career with the Government of Newfoundland and Labrador in 2013 and prior to that he served 20 years in the Canadian Armed Forces. His most recent appointment was the Associate Deputy Minister of the Department of Health and Community Services and interim Chief Executive Officer for the Newfoundland and Labrador Centre for Health Information.

Prior to this, he held the positions of Assistant Secretary to Cabinet (Economic Policy) in the Office of the Executive Council, Assistant Deputy Minister, Regional Services, with the Department of Health and Community Services, Assistant Deputy Minister, Government Services, within the Department of Service Newfoundland and Labrador and was the Registrar of Motor Vehicles.

Mr. Doody holds a Bachelor of Engineering (Civil) and a Master of Defence Studies from the Royal Military College of Canada.

**REPORT**  
**A/DIRECTOR, AREA 4**  
**LINDA OLDFORD**

**LEWISPORTE AND AREA 50 + CLUB INC.**  
**Lewisporte, NL**

On June 13, 2022, I was invited by President, Roy Rogers, to attend their closing dinner. I had previously made arrangements with Past President, Roland Andrews, to attend a meeting and it was all a go until I got COVID. It was nice to have another opportunity to visit.

They hold their meetings and events at the local Kinmen's Centre. It was evident right from the start that they not only have a great relationship with the Kinsmen but also the MHA, Derek Bennett, and the Mayor, Krista Freake. They were also in attendance and were asked to say a few words and it was very clear that they are all working together. The meal was delicious with my favorite dessert, bakeapple cheesecake, and the company even better. I was also asked to say a few words where I brought greetings from the Federation Board and complimented them on their Club and the work they are doing. I then presented President Roy with a copy of the Federation book as well as their Club certificate. The music started soon after the meal and folks immediately started dancing. It was so wonderful to see this all happening again - a room full of people talking and laughing, dancing and enjoying life. Thank you so much for having me. Your club is awesome and I am certain you will continue to succeed.

**BUCHANS 50+ CLUB INC.**  
**Buchans, NL**

I met with the Buchans Club at 2:00 P.M. on June 14, 2022. Linda Burke, President, welcomed me to their Club and expressed her appreciation for my visit. This meeting was only the second one they had had since March 2020 so they, like other clubs, were trying to find their way after COVID.

I brought greetings and then gave them an overview of the Federation Board and how it is set up, mentioned the importance of the Newsletter (which they use), and answered questions they had. They are well informed on grants and have been successful in obtaining some in the past. I then gave them a copy of the Federation Book and their Club certificate. I also asked for their help in my quest to obtain empty prescription bottles. They felt it was a great idea and will do what they can to help.

When I asked them about their main issues, they were the same as other clubs - doctor shortage, having to go to Grand Falls-Windsor for emergency care, cost of fuel and groceries being the main ones. They said they are usually able to send someone to Convention and hope to again this year. They use the Lions Club and pay a set rental fee. There is a good relationship there and that is always a positive thing. They mentioned how happy they were to receive the rapid tests and masks. Amazingly helpful.

They offered me tea and a lovely lunch. My favorite berry, bakeapple, showed up once again. So good! I had to take off then because I was heading to Buchans Junctions for another meeting. Thank you so much. You are a great group and doing marvelous work.

## **BEOTHUK 50 + CLUB INC.**

**Buchans Junction, NL**

I met with the Beothuk 50 + Club Inc. at 4:30 P.M. at the Fire Hall. I had made arrangements for the meeting with Treasurer, Bonita Skeard. All the executive were there - Josephine Quirk, President and Agatha Pittman, Secretary as well as some members. I was immediately made to feel welcome and they were happy I came to visit. This was not a formal meeting as such, it was an opportunity to meet me and to discuss some issues. I was given an opportunity to speak on a few items and they asked questions. They have a total of 46 members and while they were not all present, there was a good showing. From what they told me, they have a good relationship with the Fire Hall and have no issues around that. That is always helpful when you share space.

They are well up on grants and have gotten some in the past. They were not successful in their application for Age Friendly so I offered to get them a contact name so they can get some guidance. They also hope to do up bylaws for their Club and asked for some guidance on that as well. I will get back to them. I presented the President, Josephine, with a copy of the Federation book and their Club certificate.

Same issues as everywhere else - cost of gas/ home heating fuel, cost of groceries, lack of doctors.

They offered me tea and a lunch so we had a few more minutes to chat more informally. Thanks so much for coming out and for treating me so well. It is a great Club and I am sure they will continue to do wonderful work to help the seniors in their area.

## **BOTWOOD 50+ CLUB INC.**

**Botwood, NL**

I was invited by President, Maurice Rideout, to the Botwood Club to attend their event on June 17, 2022. I was treated to a delicious BBQ supper which included some amazing coleslaw made by the President.

After supper, there was a meeting. Maurice invited me to bring greetings and I did that as well as provide some information. I also presented him with a copy of the Federation book and their Club certificate. There were twenty in attendance and there was lots of conversation and laughter. They have a very nice Club which, luckily, they own. After the meeting, you could just feel the excitement building as they quickly set up for cards. Not being a card player, I took my leave. Sincerest thank you for the invitation and making me feel so very welcome. You have a great Club and I could easily see the commitment of your members. Keep up the good work!

## **FRIENDLY FIFTY PLUS CLUB INC.**

**Grand Falls-Windsor, NL**

President, Roy Babstock, invited me to their Club for their closing meeting and BBQ. Ruby Patey, the previous Area Director whom I am replacing, is Treasurer in this Club so I was very happy to be invited. The energy was great and I was immediately made to feel very welcome.

The meeting started at 4:00 P.M. Ruby introduced me and I was given an opportunity to say a few words. I thanked Ruby for the time and commitment she had put into her time as Area Director. Many Clubs I have visited told me of her support and how it was appreciated and how I have tried my best, while acting, to follow in her footsteps. As in the other Clubs, I thanked them for the invitation and brought greetings from the Federation Board, brought attention to the Newsletter, mentioned the Convention dates and deadline for applying and talked about the empty prescription bottle campaign I am launching. I gave an opportunity for questions and concerns. They have the same issues as others - cost of fuel, groceries, and medications and also for them the continued expense of owning your own Club. They have been successful in getting grants thanks to Ruby and their Club has been practically made over. While owning your own Club certainly has its advantages, the reality of having to pay bills has gotten way more difficult during the time of COVID when there was still money going out but none coming in. We talked about all these concerns for a while and how sad it is that some seniors just can't make ends meet and no one knows where it will end. On a happier note, I presented Ray with a copy of the Federation book as well as their Club certificate. After the meeting, the intention was to play cards, but a couple of members - and they have many talented members - who often perform at the Club, started to sing and play. Well, the cards got forgotten. First we were all listening and then the tables got moved and the dancing began. I am proud to say for once I won a prize - I got rather intense when a broom dance was announced. We had a lot of fun! Thanks for having me.

Let me end off by saying that all the Clubs I visited are doing such great work and I felt proud at each and every one. Wonderful Executives and members who are very aware of the issues facing our seniors and are doing everything in their power to help. Keep up the good work - you are all awesome! If we all work together and get the municipal and provincial people on board, we can make a difference in the lives of seniors.

*Linda Oldford*

Acting Director, Area 4

**Surgical Task Force Members Announced**  
**Executive Council**  
**Health and Community Services**  
**June 16, 2022**

In an effort to address the multiple health system shutdowns in Newfoundland and Labrador resulting from the state of emergency experienced with the January 2020 blizzard followed by the COVID-19 pandemic and the cyber attack on health care IT systems, a task force has been established to tackle the current surgical backlog. Following meetings with the Newfoundland and Labrador Medical Association, the Provincial Government committed to establishing a task force to look at the surgical backlog and provide meaningful solutions.

The surgical backlog task force members are:

Rod Martin – Former Chief of Surgery, Eastern Health (Co-Chair)

- Andrée Robichaud – Chief Executive Officer, Central Health (Co-Chair)
- Vanessa Mercer-Oldford – Assistant Deputy Minister, Regional Services, Department of Health and Community Services
- Debbie Walsh – Vice President of Clinical Services and Chief Nurse, Eastern Health
- Greg Browne – Chief of Staff, Eastern Health
- Cherry Pike – Clinical Chief of Children and Women's Health, Eastern Health
- Mark Spurrell – Chief of Surgery, Central Health
- Scott Mackenzie – Chief of Surgery, Western Health
- Antoinette Cabot – Vice President of Clinical Services, Labrador Grenfell Health
- Yvette Coffey – President, Registered Nurses Union of Newfoundland and Labrador
- Nicole Parsons – Regional Representative, Registered Nurses Union of Newfoundland and Labrador Board of Directors
- Will Moores – Orthopedic Surgery, Newfoundland and Labrador Medical Association
- Matthew Andrews – Urology, Newfoundland and Labrador Medical Association
- Chris Cox – General Surgery, Newfoundland and Labrador Medical Association
- Lesley Johnston – Anesthesiology, Newfoundland and Labrador Medical Association

Recently, the Provincial Government announced initiatives to help address the surgical backlog in the province. These include a partnership with the University of Ottawa Heart Institute to address the waitlist for cardiac surgery, as well as a plan to perform hip and knee joint replacement surgeries on an outpatient basis for suitable candidates.

Also, the Federal Government announced \$2 billion in additional health care funding – of which approximately \$27 million will go to this province – to help deliver quicker access to health care, reduce the backlog accumulated during the pandemic and support additional surgeries.

**Quotes**

"I am very pleased with the composition of the task force we have established, as it represents the right mix of individuals to find innovative solutions to address the surgical backlog in our province. Thank you to each of them for stepping up, and to our stakeholders for their continued commitment to working together to address the challenges in our health care system. This task force is another step forward in our efforts to realign and reimagine the delivery of health care in Newfoundland and Labrador."

Honourable Andrew Furey  
Premier of Newfoundland and Labrador

"Similar to other jurisdictions in Canada, our health care system had to reduce services in order to be responsive to potential increases in COVID-19 patients. We were also faced with adverse weather and a cyber attack that impacted health IT systems. I am delighted that, in concert with the Newfoundland and Labrador Medical Association, we have established a task force with an aim of developing a plan forward regarding the backlog of surgeries."

Honourable John Haggie  
Minister of Health and Community Services

# VOCM – Thurs, June 16, 2022

## Seniors' Advocate Outlines Five Priorities for New Role

The province's new Seniors' Advocate is outlining some of the main priorities for her office moving forward.

Susan Walsh, a social worker, was officially sworn-in to the position yesterday.

Walsh outlines five key priorities for her office moving forward. Those are the transformation of the acute, long term, and community care system, the response to the rising cost of living, the plan to address housing challenges, programs and services to address aging in place, and lastly a status report on current recommendations from the office.

The first step for her office, says Walsh, will be to get out and hear from seniors and seniors' groups.

She says they want to do a "fact check" on where things were before COVID, and where things are today. She wants to make sure she is well aligned with what's being heard in the community.

Meanwhile, the appointment of a Seniors Advocate has prompted some other changes in the public service.

Alan Doody is now Deputy Minister of Children, Seniors, and Social Development.

Doody has been working with the provincial government for nearly 20 years, and most recently served as Associate Deputy Minister with the Department of Health and Community Services, and as the interim CEO of the NL Centre for Health Information.

Doody replaces Susan Walsh.



Employment and  
Social Development Canada

Emploi et  
Développement social Canada

Ottawa ON K1A 0J9

Mr. Robert J. Rogers  
President  
NL 50+ Federation Inc.  
PO Box 407  
Glovertown NL A0G 2L0

By email: [robertrogers@personainternet.com](mailto:robertrogers@personainternet.com)

Dear Mr. Rogers:

On behalf of the Honourable Kamal Khera, Minister of Seniors, I am responding to your recent correspondence, in which you provided a copy of your organization's June 2022 newsletter and book, entitled "History of the Federation."

Thank you for writing. Please be assured that your correspondence was brought to the attention of the Minister and of the appropriate departmental officials.

Yours sincerely,

Carine Tiller  
Manager  
Ministerial and Executive Correspondence



# **ACTING DIRECTOR**

**LINDA OLDFORD**

## **AREA 4**

On June 2, 2022. President Robert Rogers and I once again embarked on a road trip. I had arranged to visit three club – St. Alban's, 50 + Club Inc. St. Alban's, NL, New Triple Seniors Incorporation, Milltown, NL and Riverside 50 + Club, Conne River, NL.

### **ST. ALBAN'S, 50 + CLUB INC.**

#### **ST. ALBAN'S, NL**

St. Alban's was our first stop. We arrived at 11:30 a.m. to a building that used to be the school (there's a beautiful new school next door). There were 21 people in attendance. We were greeted warmly by the President Edith Organ. She told us that she had taught for over thirty years in the very same room that the Club now uses – imagine that! Lots of smiling faces greeted us as they were getting set up to play bingo. They kindly offered up refreshments and lunch as we had a long drive. Then Robert and I took turns addressing the group. i. offered greetings from the Board, information about the upcoming Convention, the value of 50 + newsletter and answered any questions they had. I also presented them with a copy of History of 50 + Federation book and their Club Membership Certificate.

As we have heard from all Clubs, the lack of doctors, high cost of fuel and food are high on their list of issues affecting seniors. Also, for them, the absolute appalling state of their roads is another big problem. While I could do little about the doctor shortage other than mark it as a top priority, I did promise to contact their MHA, Elvis Loveless, who is also the Minister of Transportation, to lend my voice to the shameful condition of their roads and how it makes every aspect of their lives more difficult. They asked if there would be a bus going to the Convention. I explained that due to the high costs involved (which now includes fuel) and the liabilities associated with it, that this will not be happening this year. I could, however, pass on a request to the other two Clubs we are visiting, if there might be a possibility of carpooling.

Regarding grants, they are well versed and have gotten big items such as tables and chairs through the grant process. Robert gave an overview of some topics and well as an opportunity for questions and answers. Our time was up but before we left I asked to have a picture with the two oldest members – Elizabeth Murphy, 88 years young and Cherry Buffett, age 93. They were so sweet and, of course, we had a few laughs. We thanked the President and group, assuring them they can contact us any time, encouraged them to keep up the good work and then we left so they could get at their bingo game!



Left to right Elizabeth Murphy, age 88, Linda Oldford, Cherry Buffett. age 93

## **NEW TRIPLE SENIORS INC. MILLTOWN, NL**

Milltown – New Triple Seniors Inc. – After a very bumpy ride, avoiding as best I could what can't be called potholes but craters, we arrived in Milltown. The group had just finished their meeting and were ready for us. They have a beautiful place to hold meetings and events – the Lion's Club – and they have a great relationship. Twenty-five people were in attendance. Like in St. Alban's, I presented them with a copy of History of 50 + Federation book and their Club Membership Certificate. My main role, other than the visit and to meet everyone, was to run their election and do the installation of Officers. Before we got to that though, I asked them about their main concerns and, like everywhere else, the cost of fuel and groceries and the lack of doctors. Even though they have two nurse Practitioners, there are no emergency services and they have to travel to Grand Falls – Windsor (two hours away) to get to Emerg – not an ideal situation? While I was not in a position to solve the problem, it was good for them to have an opportunity to air their frustrations. I then did the election where they were looking for a full slate of officers including six directors. Once we came near the end with the positions all filled, two members expressed an interest in switching roles. Since I had never been in this situation, I put it the floor - all were in favor and so they switched. It is so wonderful when there is consensus and everyone gets what they want. Installation was next and, of course, a cup of tea and a lunch.

We then left to go on to Conne River just as the new executive were unpacking their new popcorn maker. They told me it was made possible through money obtained from recyclables which had been spearheaded by the now new President Marjorie Meade. They, like the Club in St. Alban's, are a great group who are invested in their club and community and are learning to navigate after COVID.



**Left to right; Rosabell Collier, Karen Wells, Dorothy Wilmott, Georgina Meade, Monica Kearley, Charlotte Julien, Donna Green, Marjorie Meade, Julia Kearley  
In back: Rev. Hubert Vallis, Audrey Grant**

## **RIVERSIDE 50 + CLUB**

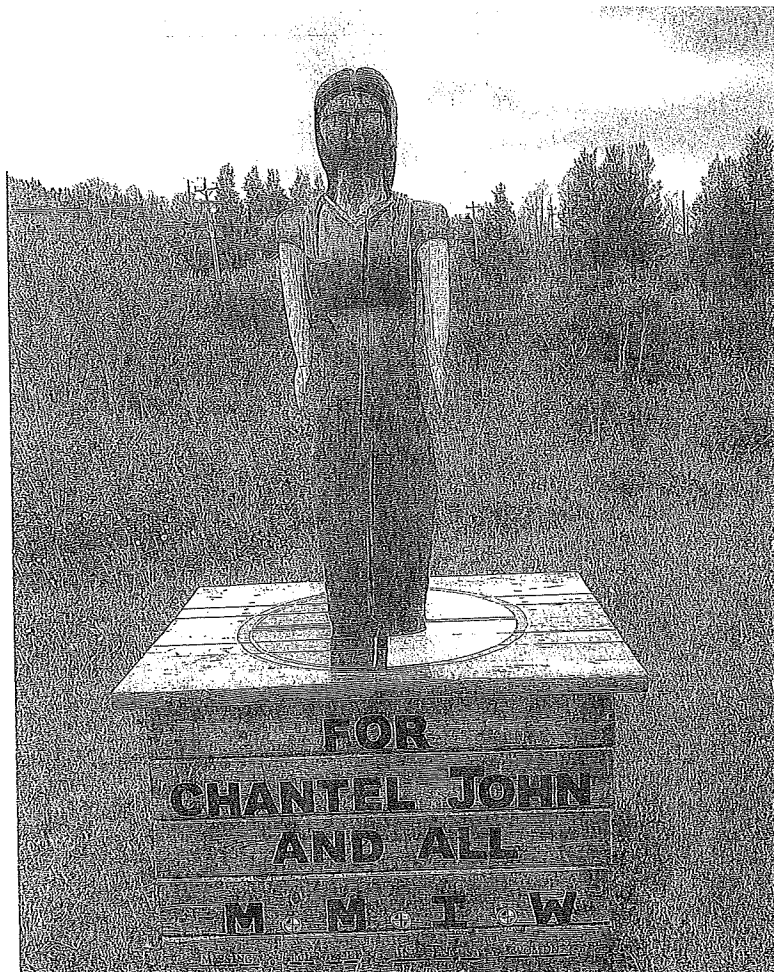
### **CONNE RIVER, NL**

Conne River – Riverside 50 + Club – While my plan was to go right to Conne River, this is where our day took a bit of a downturn. As I said earlier, the condition of the roads is beyond terrible. Even though I drove cautiously to avoid the craters and taking on my new role of navigating the obstacle course, it happened - warning that I had a low tire! After finding a place to pull over, it was clear I was going to very quickly get a flat tire. So picture this, I just turned off to Conne River, twelve kilometres to go, spotty cell service at best and we have a flat!! Long story short, I called Bennett's B & B and Louise, the owner, sent her husband, Ron, to help us. I also contacted Chief Misel Joe's office for extra help. God love them all. Ron did the repairs for me which allowed us to get to Conne River. Chief Joe showed up but seeing all was under control left to return to his meetings. I should add that my vehicle does not have a spare tire and that there is a kit one has to use – beyond my pay grade I am afraid. We were treated with such kindness which I will never forget. Once in Conne River, while I was getting ready for the meeting, Ron took the tire to a garage to make sure it was in good shape for the rest of our trip. In spite of this delay, we made it to the meeting on time.



Left to right; Maggie John, Marilyn John, Linda Oldford; Robert Rogers, Linda McDonald, Elizabeth Marshall

When we arrived they were still playing bingo called by Elizabeth Marshall, the new President, and we joined in. There were fourteen people and, as in the previous clubs, were a happy, welcoming group. I presented them with a copy of History of 50 + Federation book and their Club Membership Certificate and some information. Then we opened the floor for questions. Same issues – food prices, lack of doctors, and terrible road conditions. Robert then did an update. Tea and lunch followed. A game of cards was starting and Robert joined in. I had enough excitement for one day, and returned to the B & B.



**CHANTEL JOHN MEMORIAL PARK  
MEMORIAL IN MEMORY OF  
MURDERED AND MESSING INDIGENOUS  
WOMEN AND GIRLS**



Before leaving the next day we visited the Glen John Arts and Crafts Store where we got some copies of the book *My Indian* written by Chief Joe and Sheila O'Neill. These will be gifts at Convention. We also took a couple minutes to say hello to Chief Joe and to once again, say thanks for coming to help us as well as a visit and a moment of silence at the Chantel John Memorial Park. There is a beautiful memorial there in memory of Chantel and all the murdered and missing Indigenous women and girls.

Because a visit to cone River is not complete without a visit to Loppy's Landing, we waiting for it to open for lunch. Y assurance to Robert that you could get the best club house and real fries there, proved true once again.

In closing, our sincere thanks to the three clubs. You treated us so well, with respect and the absolute best hospitality. Keep on doing what you are doing. You are truly making a difference in your communities and in the lives of seniors. As your acting Director, I am proud to represent each and every one of you.

*Linda Oldford*

Acting Director, Area 4

## **MAKINSONS 50 PLUS GO GETTERS CLUB INC.**

### **Makinsons, NL**

### **Year Report 2022**

Although we have been living with the COVID Pandemic for almost 3 years, our Club has been busy and active while following all our Provincial Rules and Regulations. When the Community Centre is open, we have our monthly meetings where we come together for fun and fellowship and make plans for various activities for our Club.

We enjoy our monthly exercise classes, Yoga, Zumba, Bowling twice a month and recently some of our members have started a weekly dart game. Visiting our two Local Libraries and providing an Afternoon Tea for the Seniors of Makinsons are just two activities we have recently completed.

We still have other functions planned such as: Doing up care Packages for the Shut-ins, providing pizza for the youth and a card game for the public during Makinsons Day this Summer, going on our second Day Trip in July, and having our third Games Day in August, plus many more beginning in the Fall. We started with 8 members in 2019 and now we have 71 members.

Respectively submitted

*Doreen Snow*

President

# **Applications Open for Seniors' Social Inclusion Initiative**

## **Children, Seniors and Social Development**

**June 21, 2022**

Today, the Honourable John G. Abbott, Minister of Children, Seniors and Social Development, announced a call for applications for the 2022-23 Seniors' Social Inclusion Initiative.

The application process is now open for 50+ Clubs and other eligible organizations throughout the province to apply for up to \$2,000 to organize and promote activities and programs that support social inclusion, healthy aging, mental wellness, and overall well-being.

As well, eligible applicants can apply for up to \$3,000 for intergenerational projects and activities with a focus on increasing interaction; sharing of experiences, knowledge and skills; and fostering respect and understanding across generations.

To obtain more information on the Seniors' Social Inclusion Initiative, guidelines and application form, please visit the department's website, email [CSSDGrantPrograms@gov.nl.ca](mailto:CSSDGrantPrograms@gov.nl.ca), or call toll-free 1-888-494-2266. The deadline to submit an application is October 7, 2022.

In 2021-22, 99 organizations received a total of \$200,000 through the Seniors' Social Inclusion Initiative. Details can be found in the backgrounder below.

As part of Budget 2022, the Provincial Government is investing \$200,000 for the initiative again this year.

### **Quotes**

"Our government recognizes the importance of 50+ Clubs and seniors-serving organizations as they make a vital contribution to healthy aging and improved physical and mental health for seniors throughout Newfoundland and Labrador. Last year, we supported 99 projects through the Seniors' Social Inclusion Initiative and I am confident this initiative will continue to help all generations remain active and connected with each other and their communities."

Honourable John G. Abbott

Minister of Children, Seniors and Social Development

"Funding from the Seniors' Social Inclusion Initiative has helped us offer lots of activities throughout the week. We were able to host an Easter party for children living with autism. We offer special events throughout the year including for Mother's Day, Father's Day, and Canada Day. We had our first Paddy's Day dance in two years, and are planning special events to mark Come Home Year and the Queen's Jubilee. We are still looking forward to our Teddy Bear's picnic and other community events. All of this gets seniors and youth out of the house. Some of them have been stuck inside for two or more years."

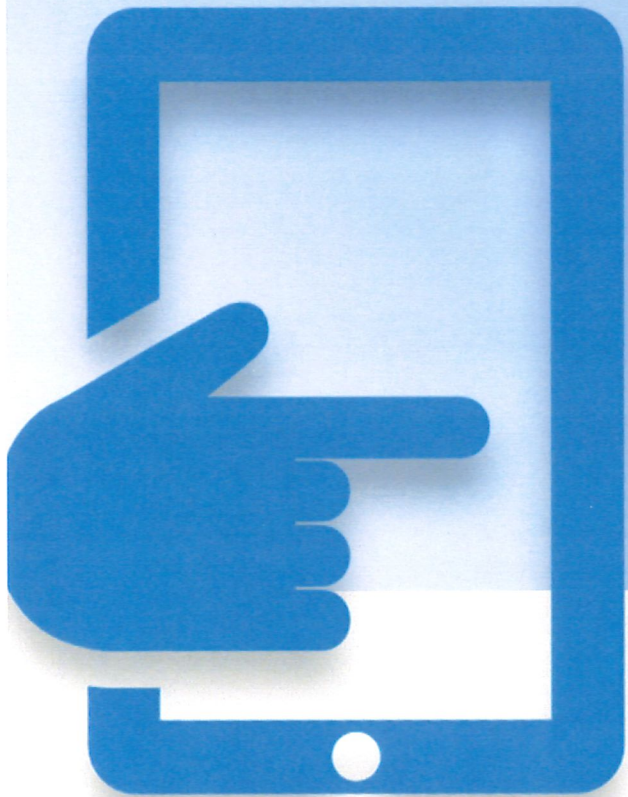
Betty Neil

President, Goodwill Seniors Club

Spaniard's Bay

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